

LEWES WANDERERS CYCLING CLUB

President – Mick Kilby

45 mile Reliability Trial

Sunday, 22nd January 2012

Start & Finish at Chailey Parish Hall

<http://ridewithgps.com/routes/827918>

First group with a target time of 4:00 hrs starting at 09:00
Entries to Stuart Anderson, 49 Hazel Grove, Burgess Hill, RH15 0BZ

Enquiries at 01444 239 850 or stuartanderson@hotmail.com

Entries in advance £3.00 (cheques to LWCC please) / **Entries on the day £5.00**

Fantastic Home Made Refreshments at the Parish Hall

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45 Mile Reliability Trial

Please enter me for :- (tick one)

TIME	PACE (mph)	START	TARGET FINISH	✓
4 Hours	11.25 mph	09:00	12:50 – 13:00	
3 Hours 30 Minutes	12.85 mph	09:15	12:35 – 12:45	
3 Hours	15 mph	09:30	12:20 – 12:30	
2 Hours 30 Minutes	18 mph	09:45	12:05 – 12:15	

NAME	
ADDRESS	
CONTACT NO.	
CLUB	

The usual rules for reliability trials will be applied. In summary, for a ride to qualify you MUST complete the course & have your route card validated at all of the controls . You MUST finish within your chosen Target Finishing time (not outside of it). There is to be no racing between riders or teams. You must ride in a manner that is safe for you, other cyclists and all other road users.

Where the number of entrants warrants, additional groups may start at a slightly later time. Timekeepers will make necessary adjustment.