

LOCAL ASSOCIATION EVENT AND COMPETITION PROGRAMME FOR 2009

East Sussex Cycling Association event programme for 2009

Date: Sunday 15 Mar 2009 Distance: 15.06 m – Hardriders (Including Hill Prime)
Course: GS/895 Event HQ: Bodle Street Green Village Hall Entry Fee: £8.00
Promoter: Peter Moon (Eastbourne Rovers CC), Little Brook, 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Telephone: 01323 485180 E-mail: little.brook@btinternet.com

Date: Sunday 05 Apr 2009 Distance: 23.92 m – 2up Team Time Trial
Course: GS/839 Event HQ: Laughton Village Hall Entry Fee: £16.00 per team
Promoter: Graham Hills (Southborough & District Wheelers), Delaware, Beresford Road, Goudhurst, Kent TN17 1DN
Telephone: 01580 211766 E-mail: graham_hills@hotmail.co.uk

Date: Saturday 18 Apr 2009 Distance: 10 m – Time Trial
Course: G10/87 Event HQ: East Hoathly Sports Centre Entry Fee: £8.00
Promoter: Mark Winton (Lewes Wanderers CC), 9 Swanee Close, Peacehaven, East Sussex, BN10 8EZ
Telephone 01273 548973 E-mail: mark.winton1@tiscali.co.uk

Date: Sunday 19 Apr 2009 Distance: 25 m – Time Trial
Course: G25/89 Event HQ: Fairwarp Village Hall Entry Fee: £8.00
Promoter: Dan Henchy (Hastings & St Leonards CC), 12 St Georges Road, Bexhill-on-Sea, East Sussex TN40 2BG
Telephone: 01424 210381 E-mail: danhenchy@msn.com

Date: Sunday 14 Jun 2009 Distance: 50 m – Time Trial
Course: G50/89 Event HQ: Fairwarp Village Hall Entry Fee: £8.00
Promoter: Simon Yates (Lewes Wanderers CC), The Old Stables, Crowborough, East Sussex TN6 2HL
Telephone: 01892 655785 E-mail: simon.yates1@tiscali.co.uk

Date: Sunday 05 Jul 2009 Distance: 100 m – Time Trial
Course: G100/86 Event HQ: Berwick Village Hall Entry Fee: £12.00
Promoter: Bob Harber – (Brighton Excelsior CC), 10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP
Telephone: 01903 879598 E-mail: bikerider@phoncoop.coop

Date: Saturday 12 Sep 2009 Distance: 10 m – Time Trial
Course: G10/87 Event HQ: East Hoathly Sports Centre Entry Fee: £8.00
Promoter: M J Double (Crawley Wheelers), 5 Stonefield Close, Southgate, Crawley, West Sussex RH10 6AU
Telephone: 01293 546678 E-mail: john.double@crawleywheelers.co.uk

Date: Sunday 13 Sep 2009 Distance: 25 m – Time Trial
Course: G25/89 Event HQ: Fairwarp Village Hall Entry Fee: £8.00
Promoter: Richard Blackmore (East Grinstead CC), Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE
Telephone: 01342 713272 E-mail: dicknjan@btinternet.com

Sussex Cyclists' Association event programme for 2009

Date	Event	Course	Promoter
Sun 01 Mar 2009	22.8 m Open Circuit Time Trial	GS/194	Steve Dennis (East Grinstead CC)
Sun 29 Mar 2009	28.5 m Open 2-Up Team Time Trial	GS/987	Dave Abbott (GS Stella)
Sat 02 May 2009	Open 10 Mile Time Trial *	G10/97	Mike Coyle (VC Etoile)
Sun 03 May 2009	Open 25 Mile Time Trial *	G25/93	Karl Robertson (Worthing Excelsior)
Sun 07 Jun 2009	Open 50 Mile Time Trial *	G50/10	Robin Johnson (Brighton Mitre)
Sat 31 Oct 2009	Open Hill Climb *	GH/92	Mel Robertson (Worthing Excelsior)
Sat 31 Oct 2009	"Come & Try it" Hill Climb	GH/92	Mel Robertson (Worthing Excelsior)
Sun 26 Jul 2009	SCCU 100 Mile Time Trial*	G100/59	

The SCA will not be promoting a 100 Mile TT in 2009; The SCA 100 mile championship will be incorporated in the SCCU event.

Hard Shell Helmets are compulsory for the SCA events

***Signifies Sussex CA Championship Event.**

Please note:

Any open event run by the SCA, the ESCA, the SCCU or any club affiliated to the SCA or an open event that takes place wholly or partly in Sussex that is published in the CTT Handbook counts towards the Sussex CA Best All Rounder competitions. Please send completed claim forms, with a stamped addressed envelope no later than Sunday 18 October 2009 to: Competition Secretary Dave Abbott, 15 Longships, Littlehampton, Sussex BN17 6SL. Telephone 01903 722682 or E-Mail biker.biker@hotmail.co.uk

ESCA Best All Rounder Competition (No claim necessary)

Senior	Contested over 25, 50 and 100 miles in any ESCA event this season
Senior Team	Based on the average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
Veteran	Contested over 25, 50 and 100 miles in any ESCA event this season.
Lady Senior	Contested over 10, 25 and 50 miles in any ESCA event this season.
Lady Veteran	Contested over 10, 25 and 50 miles in any ESCA event this season.
Junior	Contested over 10 and 25 miles in any ESCA event this season.

ESCA Points Competition (No claim necessary)

The ESCA points competition has been updated for 2009 to extend the point winning positions, giving the riders entering more events the opportunity to acquire more points – both as an individual and for their club.

Individual Points – Points are awarded to any individual rider from an ESCA affiliated club in each ESCA event:

Open Time Trials	30 points for first place down to 1 point for 30th place
2up Team Time Trial	30 points for each rider of first team down to 2 points for each rider of 15th team (Composite teams and solo riders are not eligible for points)

Club Points – Points are awarded to any club affiliated to ESCA based on the performance of its individual members in each ESCA event. The individual points earned by each rider are totalled and awarded to their respective club:

Open Time Trials	30 points for first place down to 1 point for 30th place
2up Team Time Trial	60 points for first team of two down to 4 points for 15th place (Composite teams and solo riders are not eligible for points)

ESCA Trophies (No claim necessary)

Title	Presented For
The Page Tankard	Fastest time in the Hardriders
2up Team Time Trial Cup	Fastest time in the 2up TTT
10 mile Team Shield	Fastest Team of three in either 10 mile TT
Junior 10 mile Cup	Fastest Junior under 18 years old in either 10 mile TT
Ladies 10 mile Cup	Fastest Lady in either 10 mile TT
Rosemary 25 mile Shield	Fastest Team of three in September 25 mile TT
Ladies 25 mile Cup	Fastest Lady in either 25 mile TT
Junior 25 mile Cup	Fastest Junior under 18 years old in either 25 mile TT
Veteran 25 mile Cup	Fastest Veteran on standard in either 25 mile TT
60 minute Cup	Fastest time under 60 minutes in either 25 mile TT
50 mile Team Trophy	Fastest Team of three in the 50 mile TT
Ladies 50 mile Cup	Fastest Lady in the 50 mile TT
50 mile Cup	Fastest time in the 50 mile TT
100 mile Team Shield	Fastest Team of three in the 100 mile TT
100 mile Cup	Fastest time in the 100 mile TT
Reliability Trial Shield	ESCA club with the greatest number of riders finishing within the allocated time
Individual Points Cup	Rider accumulating the greatest number of points throughout the season
Club Points Shield	Affiliated club accumulating the greatest number of points throughout the season
Junior BAR Award	Fastest average mph of a Junior over 1x10 and 1x25 miles
Ladies BAR Trophy	Fastest average mph of a Lady over 1x10, 1x25 and 1x50 miles
Veteran BAR Salver	Fastest average mph on standard over 1x25, 1x50 and 1x100 miles
Terry Fieldson BAR Team Trophy	Fastest average mph of the best three Senior BAR qualifiers from an ESCA affiliated club
Senior BAR Trophy	Fastest average mph over 1x25, 1x50 and 1x100 miles

Sussex CA Best All Rounder Competitions (Claim necessary)

Overall Long Distance BAR	Men	1 x 25 miles, 1 x 50 miles, 1 x 100 miles
	Women	1 x 10 miles, 1 x 25 miles, 1 x 50 miles
	Junior	2 x 10 miles, 2 x 25 miles
	Veterans	1 x 25 miles, 1 x 50 miles, 1 x 100 miles
	Middle Distance BAR	Men/Women
Short Distance BAR	Veterans	2 x 10 miles, 2 x 25 miles, 1 x 50 miles
	Men/Women	3 x 10 miles, 3 x 25 miles
	Veterans	3 x 10 miles, 3 x 25 miles

Sussex CA Championship Points Competition (No claim necessary)

The SCA Points Competition is decided on the points awarded in the five SCA championship events (including the hill climb) – 20 points for 1st place down to 1 point for 20th place

Sussex CA SPOCO Competition (Registration required)

The Sussex CA SPOCO Competition is decided on the points awarded in the 30 qualifying events – 120 points for 1st place down to 1 point for 120th place. For a full list of qualifying events and competition rules please download a registration form from the Sussex CA website: www.sussexca.org.uk/documents/spoco2009registrationform.pdf